

# AVILA COLLEGE WINTER TUCKSHOP MENU

Terms 2 & 3, 2012

## ROLLS & SANDWICHES

**(Must be ordered)**

### Wholemeal or White

Vegetemite	\$1.50
Cheese	\$1.90
Cheese & Tomato	\$2.20
Cheese & Vegetemite	\$2.00
Egg	\$2.20
Egg & Lettuce	\$2.40
Curried Egg	\$2.30
Salad	\$2.60
Salad & Cheese	\$3.00
Ham	\$2.60
Ham & Cheese	\$3.10
Ham, Cheese & Tomato	\$3.40
Chicken	\$3.40
Chicken & Lettuce	\$3.60
Chicken & Cheese	\$3.90



### Extras: (add On)

Salad	\$1.20
Mayo	\$0.10
Pickle	\$0.10
Cheese	\$0.50
Lettuce	\$0.20

### HEALTHY CHOICE SNACKS

Seasonal fruits as marked (Apple, Pear etc.)	
Popcorn	\$1.60
Buttered Roll	\$0.90
Unbuttered Roll	\$0.80
Health Bar (Sesame Snaps)	\$1.00
Licorice Twist (black)	\$0.10

### OTHER SNACKS

Banana Cake	\$1.10
Mini Muffins	\$0.80
Apple scroll	\$2.80
Muffin	\$2.80
Shapes	\$0.70
Oval teen	\$1.10
Yogurt Snakes	\$0.70
Fruity Bears	2 for \$0.10
OR a bag	\$0.50
Honey Joy	\$0.50
Yoyo biscuit	\$1.50
Cookie	\$2.30
Ginger Man	\$1.50
JJ Crackers	\$1.20
Le Snack	\$1.10




## *HEALTHIER OPTIONS*

### Must Be Ordered

#### MON ONLY

<b>Spicy Hot Dog</b>		\$3.30
Hot Dog with lettuce, grilled onion and spicy sauce		


#### TUES ONLY

<b>Tasty Chicken Nachos</b>		\$3.60
Crispy corn chips layered with roasted chicken, fresh salsa, tasty cheese and topped off with a dollop of light sour cream		


#### WED ONLY

<b>Yummy Noodles</b>		\$3.60
Egg noodle stir-fry with chicken slices and vegetables		

#### THURS ONLY

<b>Taco Time</b>		\$3.60
Meat Balls in taco shells filled with lettuce, tomato, cheese, salsa and topped off with a dollop of light sour cream		

#### FRI ONLY

<b>Savoury Rice</b>		\$3.60
Fried rice with ham, egg, & vegetables		

### MONDAY AND THURSDAY ONLY

<b>PASTA</b>	\$3.30
Lasagna OR Spaghetti	



### TUESDAY AND FRIDAY ONLY

<b>PIZZA SLAB</b>	\$3.20
Ham/pineapple or Margherita	

### WEDNESDAY ONLY


<b>Hot Dog Roll</b>		\$2.70
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### OTHERS

<b>MON to FRI</b>	
Noodle Cup	\$2.30
Potato Pie	\$3.60
Spinach and Ricotta Roll	\$3.60
Lite Meat Pie	\$3.50
Garlic Roll	\$0.60
Vegetable Roll	\$3.60

## HOT FOOD

### Recess Only

Steamed Dim Sim		\$0.90
Hot Cheese Roll		\$0.60
Toasties		\$1.80
<i>(Cheese/Tomato/Spaghetti)</i>		
Squarz		\$2.20
<i>(Apple/Apple &amp; custard/ Pizza)</i>		

Vegetable Roll	\$3.60
Lite Meat Pie	\$3.50
Spinach & Ricotta Roll	\$3.60
Vegetable Soup	\$1.80

(Look out for the Soup of the Day)

### WED & FRI (Recess Only)

Lite Party Pie	\$1.10
Lite Sausage Roll	\$1.10

*Sauce included in price*



## BEVERAGES

100% Juice Box	\$1.60
Water 600ml	\$2.00
Juice - Orange/Apple (bottle)	\$2.40
Big M Milk	\$2.60
Up & Go	\$2.20
Schweppes (lite)	
250m bottle	\$2.50
Cans	\$2.00
Gatorade/Smart water	\$3.60
Ice Tea 250ml	\$2.20
LOL drink/UP Juice	\$2.20



### BREAKFAST (8-8.30am)

Toasties	\$1.80
<i>(Cheese &amp; Tomato OR Spaghetti OR baked beans)</i>	
Buttered plain toast	\$0.60
Muffin	\$2.80
Hot Milo	\$1.80



LOOK OUT FOR THE DAILY SPECIALS!!