

# AVILA COLLEGE TUCKSHOP MENU

Effective Terms 2 & 3, 2008

## ROLLS & SANDWICHES

Must be ordered

### Wholemeal or White:

Vegemite	\$1.50
Cheese	\$1.60
Cheese & Tomato	\$2.00
Cheese & Vegemite	\$2.00
Lettuce	\$1.10
Egg	\$1.90
Egg & Lettuce	\$2.10
Curried Egg	\$2.00
Salad	\$2.50
Salad & Cheese	\$2.90
Ham	\$2.20
Ham & Cheese	\$2.60
Ham, Cheese & Tomato	\$2.90
Chicken	\$2.90
Chicken & Lettuce	\$3.00
Chicken & Cheese	\$3.30

### Extras:

Salad	\$0.80
Mayo	\$0.10
Pickle	\$0.10

## HEALTHIER OPTIONS

<b>MON ONLY</b>	
<b>Taco Time</b>	\$3.30
Meat balls in taco shell filled with lettuce, tomato, cheese, and drop of sour cream	
<b>TUES ONLY</b>	
<b>Spicy Wing Box</b>	\$3.80
Chicken wings, hot creamy potato, green peas and corns	
<b>WED ONLY</b>	
<b>Baked Cheesy Chic Potato</b>	\$3.80
Baked potato filled with chicken, corn, cheese on a bed of salad	
<b>THURS ONLY</b>	
<b>Chic Noodle</b>	\$3.00
Chicken and vegetarian noodle	
<b>FRI ONLY</b>	
<b>Savoury Rice</b>	\$3.10
Fried rice with ham, egg, and vegetable	

## RECESS only

<b>MON to FRI</b>	
Hot Cheese Roll	\$0.60
Dim Sim	\$0.70
Vegetable Roll	\$2.90
Toasties	\$1.70
<i>(Cheese&amp;Tomato OR Cheese OR Spaghetti)</i>	
Vegetable Soup	\$1.50
<i>(Look out for the Soup of the Day)</i>	



## MON & WED ONLY

Pizza Pocket	\$1.90
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## TUE & THU ONLY

Lite Party Pie	\$0.90
Lite Party Sausage Roll	\$0.90

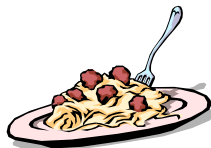
*Sauce included in price*

## HEALTHY CHOICE SNACKS

Seasonal fruits	\$0.90
<i>(Apple, Pear etc.)</i>	
Fruit Cups	\$1.20
<i>(Watermelon, cantaloupe, peaches, grapes)</i>	
Topped with yogurt	add 50c
Fruit Straps	\$0.90
Buttered Roll	\$0.80
Unbuttered Roll	\$0.70
Health Bar	\$0.80
Licorice Twist (black)	\$0.10

## PASTA

Lasagna	\$3.00
Spaghetti	\$3.00
Ravioli	\$3.00
Macaroni cheese	\$3.00
Garlic Roll	\$0.60



## OTHER

<b>MON to FRI</b>	
Noodle	\$2.00
Potato Pie	\$2.90
Spinach and Ricotta Roll	\$2.90
Lite Meat Pie	\$2.90

## MON & WED ONLY

Hot Dog Roll	\$2.50
Sausage Roll	\$1.90
Pizza Pocket	\$1.90
<i>(Ham&amp;Pineapple OR Cheese&amp;Bacon)</i>	

## TUE, THU & FRI ONLY

Pizza slab	\$2.50
<i>(Ham&amp;Pineapple OR Margherita)</i>	

## BEVERAGES

100% Juice Box	\$1.20
Gatorade Box	\$1.20
Water 600ml	\$1.70
Big M Milk	\$2.20
Plain Milk	\$1.60
Up and Go	\$1.80
Schweppes (lite)	
600ml bottle	\$2.50
Can	\$1.70
Ice Tea	\$2.00
Gatorade Bottle	\$3.30



## OTHER SNACKS

Banana Cake	\$0.90
Mini Muffins	\$0.70
Apple scroll	\$2.60
Muffin	\$2.20
Shapes	\$0.60
Ovalteen	\$0.90
Yogurt Snakes	\$0.60
Fruity Fish	15c each
<i>OR a bag</i>	
Honey Joys	\$0.50
Yoyo	\$1.20
Cookie	\$1.70
Le Snack	\$0.90
J.J crackers	\$0.90



## BREAKFAST (8-8.30)

Toasties	\$1.70
<i>(Cheese&amp;Tomato OR Spaghetti OR baked beans)</i>	
Thick sliced raisin toast	\$0.60
Plain toast	\$0.50
<i>(with choice of spread)</i>	
Muffin	\$2.20
Fruit Cup	\$1.20
Hot Milo	\$1.50
Curios Breakfast crackers	\$0.80

LOOK OUT FOR THE DAILY SPECIALS!!