FROM THE ACTING PRINCIPAL

Dear members of the Avila community,

I never cease to be amazed at the creativity, complexity of thinking and high skill levels of our students. These qualities have all been evident recently.

The 2014 Grad Show on Wednesday 10 September commenced with a spectacular parade of the final garments designed and created by the Units 3 and 4 Product Design and Technology students. From formal ball gowns inspired by classical Greece, the Victorian era and Dior, to fabulous fifties party dresses and Oaks Day outfits themed around Australia’s natural environment to versatile eye-catching surf gear, students confidently displayed their skill with a magnificent collection of original designs. The audience was then invited to view the large exhibition of folios, installations, photography, paintings, drawings and design work produced by senior students in Studio Arts, Visual Communication Design, and Food and Technology. The breadth and depth of talent on show was breath taking. Professional catering for the event by students and staff from Avila’s VET Hospitality class contributed to a very amiable ambience on the night. Congratulations to all staff and students on a superb exhibition.

Tonight we look forward to acknowledging and honouring some remarkable student sporting achievements from the past twelve months at our annual Sports Awards Night. Avila’s students compete in almost twenty different forms of sport from individual and team activities on the mats, beam, track, field and pool to throwing, kicking and striking. Such activities not only develop students’ physical skills but also their personal resilience and interpersonal competencies which are so important in life. Avila College is fortunate to have strong staff support and commitment to coaching students in a broad interschool sports program.

Over the holidays, thanks to staff and parents’ support, we also have a number of major trips operating. Currently in central Australia until 21 September, Immersion Coordinator, Darcie Kane-Priestley and teachers, Lisa Moloney and Ingrid O’Sullivan are leading Year 10 students on the annual Santa Teresa Indigenous Immersion Experience. News to date has indicated that the immersion has progressed well and that students have learned much from the local communities with whom they have stayed.

As advised in the last newsletter, students from Years 10 and 11 Italian classes departed for Italy last Friday (12 September) for their three week language immersion led by Anna Cornell and accompanied by teachers, Camilla Vascon, Lauren Stute, and Amy Foster, and Principal, Louise Gunther.

From 21 to 24 September, Religious Education Curriculum Leader, Renee Fleeton and teacher, Carmel Ryan will accompany four Year 10 students to the Presentation Schools Students’ Conference in Yeppoon, Queensland. We look forward to all the travellers sharing their rich learning from their experiences early next term.

With God’s blessing and a sincere wish that all Avila families enjoy a safe and happy holiday break.

Madeleine Franken
Acting Principal

PRAYER

God our lover,
in whose arms we are held,
and by whose passion we are known:
require of us also that love
which is filled with longing,
delights in the truth,
and costs not less than everything,
through Jesus Christ, Amen.
FROM THE CHAIR

At our Annual Reporting Meeting in March, two long serving College Board Members, Mrs Caryl Finnegan (Chairperson) and Mr Henry Mallia (Deputy Chairperson), retired. At this time, the College Board gratefully acknowledged Caryl and Henry’s outstanding commitment to serving the Avila College Community so faithfully. The College Board and the Avila College Community have indeed been enriched by their commitment and efforts.

During 2014, the Avila College Board has continued to meet regularly. At our reporting meetings, representatives from Avila College’s Foundation Parishes gather with School Leadership Representatives, our Principal Ms Louise Gunther and our Canonical Administrator, Fr Brendan Dillon (St Leonard’s Parish, Glen Waverley). Through reports published by various Avila Staff Members we are currently informed about the direction, activities and achievements of the Avila College Community in the areas of Curriculum and Professional Development, Administration, Pastoral Care and Student Wellbeing and Marketing and Development.

As we move towards the exciting celebration of Avila College’s Golden Jubilee in 2015, the Avila College Board is also excitedly considering how it can continue to grow the capacity of the Avila College Board to work in partnership with the School’s Leadership Team to sustain and grow an educational environment that meets the current and future needs of the girls who attend Avila College.

Resources available to the Avila College Board (Board Business No 30, Term 2, 2014 & Governing, May 2014) highlight the importance of both regular review of key Board documents and a commitment by the Board to the formation of College Board Members to ‘build the capacity to govern’. The College Board is therefore embarking on a review of our Constitution, which may lead to the development of some further Board policies and procedures. As the Board values the contributions of its members, regular formation opportunities will also be offered to College Board Members, with some of these occurring within our regular meetings.

I look forward to keeping you all well informed about these exciting developments.

Sally-Anne Petrie
Chairperson
Avila College Board

NEW PHYSICAL EDUCATION UNIFORM 2015

Avila College is introducing a new PE uniform from 2015. All our incoming Year 7 students will be required to purchase the new PE uniform. A change over period of two years, for current students, will be introduced with all students in the new uniform by 2017.

The new PE uniform meets the requirements of students undertaking physical education classes as well as addressing some of the concerns raised by parents about the warmth during winter, the lack of flexibility/movement/stretch in the shorts and the inflexibility of the current tracksuit.

These new items will serve the student population well into the future. The polo top will identify each student’s house they belong to as well as include the Avila College crest. The shorts will be made of a fabric that will be more comfortable for all students to wear and the tracksuit is lined with polar-fleece to provide warmth and the tracksuit pants are a knitted fabric to allow for movement and give when students are undertaking physical education classes.
LEARNING AND TEACHING NEWS

NAPLAN Results
The results from the 2014 National Assessment Program: Literacy and Numeracy (NAPLAN) tests undertaken in May by Years 7 and 9 students were released recently. Individual NAPLAN reports were mailed to parents last week. Please note that as the VCAA only provides one hard copy per student we are not able to issue duplicate reports to families. Of course, the NAPLAN tests are only a snapshot of a student’s ability in numeracy or literacy as demonstrated on a given day but they should be considered in conjunction with other assessment information. If there is a significant variation between performance in the NAPLAN and assessment at Avila, we advise parents to contact their daughter’s English or Maths teacher for clarification. Teachers have access to much more detailed data about students’ performance in these tests. Teachers review the data and use it with results from internal assessment to address students’ learning needs. Generally, it was pleasing to note this year that our students’ results were strong and, more importantly, showed significant improvement from Years 7 to 9. Avila College offers a number of specific programs to address the learning needs of students who may benefit from additional targeted teaching in numeracy or literacy. In addition to the regular learning and teaching program, specific teaching of core knowledge and skills through Early Morning Maths, Catch Up Corner, Extra English and the Literacy and Vocational Skills programs assists student to improve in these core areas.

Year 12 Practice Exams
Students undertaking VCE units 3 & 4 studies will be sitting practice exams in the second week of the September school holidays. Avila College prepares students who are studying a subject at Year 12 level for their final exams by creating the authentic experience of sitting at least one formal practice exam in each subject. The conditions of the exam arrangements in the holidays reflect those of the external exams, not only in length but also with the use of external supervisors and instructions delivered according to the VCAA’s script. Students should use the first week of the holidays to revise so that they maximise their opportunity for learning from the practice experience. Early next term, students will receive feedback on their practice exams that will assist them to identify areas to address to maximise their success in the final exams. Students are reminded that due to the building program and the need for extra vigilance with trucks entering the property, the back gate near Stephensons Road will not be open during the practice exam period in the holidays. Instead, all students will need to enter and exit the College via the Lavender Walk.

Madeleine Franken
Deputy Principal Learning and Teaching

PASTORAL NEWS

This term has been a very busy one filled with reflection about pathways, making choices about 2015 subjects, along with the fun of the Year 12 Trivia night and the SRC expo. Several enjoyable evenings have been spent celebrating the talents and efforts of our Music and Creative Arts students, and sporting teams. Avila College is justly proud of our community of learners.

RUOK day on 11 September was also a wonderful success and thanks must go to Helen Tillinh, College Counsellor, for liaising with a number of local agencies including: Monash Youth and Family Services, Monash Link, Headspace, Anxiety Disorders Association of Victoria and Monash Aquatic and Recreation Centre (with the Monash Man, who was a big hit with everyone). Agencies that were unable to attend on the day but did provide us with lots of fabulous resources and giveaways were Beyond Blue and The Body Shop. Monash Youth and Family Services very generously provided funding for RUOK? resources (posters, lapel pins, mini footy stress balls, and conversation cards). Emilio Bernardo very ably and, in his always good natured and good humoured way, provided us with great music and the perfect Avila DJ, and the Rock Band provided the live music. Siobhan Hardiman from Monash Youth and Family Services organised all the community agencies to come to Avila on the day. She also organised the funding for the RUOK? resources. It is the very first time that Avila has worked in such close collaboration with a community agency and we are looking forward to working together and strengthening this relationship between our school and agencies in our Monash and wider community.

The day promoted the importance of good mental health and raised awareness about where to seek help when it is needed. With lots of giveaways, music and some cool dance moves by Active Monash Man, the day was a great opportunity to check and see how friends and family are feeling. Our lovely photos of the day are thanks to the skill and generosity of Year 12 student, Heleena Konstantinidis.
As the term draws to a close and most students look forward to lots of rest and a change of routine, we are mindful that our Year 12 and many of our Year 11 are busily preparing for VCE external exams. Below are some tips that might help with staying focused, balanced and healthy during the coming weeks.

10 Tips for when you just can’t sit still to study.

We all have times when we ‘should’ be studying or concentrating on a particular task but we feel distracted; there are other things we would rather be doing, we remember stuff we had forgotten or needed to do, we daydream and generally procrastinate about a task. Then some of us are haptic learners (we need to be physically engaged in the learning process somehow), we just can’t sit still. Here are some tips for your study focus toolbox to help overcome these potential roadblocks and get you back into the study ‘zone.’

1. Stay calm and non judgmental. If it is a thought that has distracted you, accept it and decide whether it needs to be acted on. Always keep a little notebook on your desk and beside your bed for all those things that pop into your mind and you must remember later. If not, acknowledge it and let it go.

2. Do a short 5-minute mindfulness exercise or body-scan from YouTube.

3. Use slow, deep breathing techniques, breathe in for 3 seconds, hold the breath in for another 3 seconds then slowly, in a controlled fashion exhale for the next 6 seconds. This will help rid your body of toxins and oxygenate your blood and hence your brain, making you calm and alert.

4. Our bodies were designed to move and they let us know! Only sit studying for 40 to 50 minutes before taking a guilt-free break (only ten-minutes).

5. Dance your worries away. Move around; go for a jog, or swim. Use up the excess energy, get some fresh air into your lungs then head back to study with a clear and focused mind.

6. Play some ‘study focus’ and ‘study concentration’ music in the background whilst studying...NO lyrics. It has been found that Baroque music is the best and YouTube is great for these, it has thousands.

7. Avoid foods and drinks with caffeine and sugar. Remember to eat a well balanced diet of fresh food with lots of fruits and vegetables. Well regulated blood sugar levels really enhance your ability to stay calm and alert.

8. You might be tired so ensure you have a good sleep routine; all electronic devices switched off and out of the room at least 1/2 an hour before lights out. Try a warm shower to help relax and unwind before bed and remember you will sleep better in a cooler room.

9. Find ways to suit your learning style. Try standing whilst you study or reading whilst pedalling an exercise bike, use colours to highlight headings. Visualise the whole outcome and task you need to do. Try skim reading beforehand so you understand the outline. This will help the prediction and imbedding of new knowledge. Creating summaries to review later will help remind you and create a springboard for the next session.

10. Read out loud and verbalise what your purpose is beforehand. Try recording your readings and always summarise what you learnt in your own words afterwards. Don’t give up, try again another day. Some techniques will work for you, others won’t. That’s OK because each individual is different.

If you need some help or someone to talk to, come and make an appointment with one of our fabulous counsellors over at the House.

Uniform change Over – Term 4

Students can wear either the summer or winter academic uniform for the first week of Term 4. All students must be in the summer uniform by 13 October. In Term 4, students must bring their PE uniform and change into it for their PE class regardless of which academic uniform they are wearing on the day.

Regards,
The Pastoral Care Team
ADMINISTRATION NEWS

Avila Day

Wednesday 15 October is the feast of St Teresa of Avila and the College will be celebrating Avila Day. The Avila Day Eucharist will begin at 9am in the College Gym. This is a significant celebration for our College community and we warmly invite all our parents and friends of the College to attend the Mass and morning tea. RSVP for the Mass and/or morning tea to avila@avilacollege.vic.edu.au by Tuesday 7 October.

This is followed by a variety of festivities for our staff and students. Students will be dismissed at 2pm on this day. The Australiner School bus service will operate from 2pm. Please note that all students are expected to be in their summer uniform including blazer for Avila Day. The canteen will not be open on the day. Students are encouraged to support the SRC’s fundraising effort by bringing money along and buying food and drinks.

Time To Shine

Four talented Avila College students were involved in the CEOM Time To Shine Catholic Schools Gala at the Palais Theatre on Saturday 13 September. Congratulations are extended to Kala Gare, Francesca Carl, Sarah Braham and Eloni Smolic on brilliant performances. The Gala was truly a celebration of extraordinary talents. Our very own College Music Captain, Kala Gare, was selected to feature in a duet with Silvie Paladino. Below is a short reflection of Kala’s experience:

I had the absolutely incredible opportunity to be a part of the Time To Shine Catholic School Gala, an event I will never forget. I had the chance to work with some amazing mentors, and create wonderful friendships with all those involved that will last a lifetime.

I was blessed to be chosen to sing with the one and only Silvio Paladino, a moment in my life that I will never let anyone forget! It was incredible to share the Palais Stage with such an inspiring figure, let alone work on such personal terms with her. It was an honour to play this role, amongst all the other wonderful items I was lucky enough to play a part in.

Being a part of this Gala has opened my eyes to what this industry my have in store, and I truly am grateful for this wonderful experience, and thank all those who came to support me and the other performers.

Rebecca Cetrola
Deputy Principal Administration
Dante Alighieri Awards Night

Congratulations to the following Year 9 students who attended the Dante Alighieri Awards Night at Melbourne University on Friday 12 September:

Olivia Condina-Hibon, De’Arne Cvektovic and Tanisha Rupisinghe.

Olivia was awarded First Prize in the Original Poetry Section and Third Prize in the Recitation Section.

Tanisha was awarded Second Prize in the Original Poetry Section and De’Arne was awarded Second Prize in the Recitation Section.

Vanessa Cincotta, who was awarded Third Prize in the Original Poetry Section, was unable to attend.

Well-done Olivia on presenting your poem so confidently to the audience on the night and a big thank you to parents and families for attending.

Domenica Tarquinio
Italian Teacher

National Science Week (18 - 23 August)

The school theme for this year’s National Science Week was Food for the Future: Science feeding the World. To kick off the week, Science staff presented a ‘Timeline of Food’ morning tea for the staff. The morning tea featured ancient foods, current ‘super foods’ and many iconic foods in between. Sadly, the order of edible insects did not arrive!

Each science class was allocated a small greenhouse to set up and tend. The girls planted cress, basil, coriander and chives and the greenhouses continue to grow nicely.

A Periodic Table Challenge was held during one lunchtime. Here, a mix of senior and junior students competed to decode the chemical symbols. While a team of Year 12 students won the quiz overall, an impressive performance of Periodic Table memory was displayed by Year 7 student, Percilla Ye.

On the last day of the week, some students made some seed-bearing recycled paper ready for planting, while others investigated the amount of sugar and salt present in popular snack foods.

Australian National Chemistry Quiz (ANCQ) results

Congratulations to Alysha Wanigaratne (Year 8), who once again, received a High Distinction in the junior section of this competition. Congratulations, too, to Lucy Dever (Year 10) and Lauren Radnell (Year 11), who received Credit Awards in the Intermediate and Senior Sections.

Sue Liston
Curriculum Leader Science
PUBLIC SPEAKING AND DEBATING NEWS

The Avila Film Festival

This year’s festival focused on the theme of "Happiness" and some of our filmmakers made some very personal and beautiful reflections on this topic. The filmmaker of the year is Monica Bellizia of Year 11 whose piece contained poetic lines, excellent use of the camera, profound ideas and, also, humour... all in two minutes.

There were also two filmmakers who were given the "Up and Coming Filmmaker Award". Congratulations to Charlotte Nunn and Joelee Stizza whose films showed fantastic skill for Year 7.

This year was also special because we had our first staff film. Ms Xaris Miller produced a stunning piece that was enjoyed by the audience.

Photo L - R: Ms Miller, Monica Bellizia, Mr Isma (the judge), Charlotte Nunn and Joelee Stizza

Junior Debaters Association of Victoria Competition

Avila College has again hosted the regional Junior DAV competition. The seven teams of Year 7 and 8 students who competed were all committed and enthusiastic. They also offered a friendly welcome to all of our visitors. Two teams are to be congratulated for going through the season undefeated: Tricia Cowan, Chloe Blackwell, Amy Cheshire, Jessica Boribon, Elena Disilvestro, Sinead Kelly, Scarlett-Rose Tsakistaras, Prabhloyan Gill and Alexandra Capa (Year 7 Debating Captain).

Photo L – R: Olivia Frizziere, Tricia Cowan, Jessica Boribon, Chloe Blackwell

Public Speaker of the Year Competition

Across the last term all year levels have been an audience for the students who were chosen to represent their class in the Public Speaker of the Year competition. For many students this is their favourite assembly, as they love to hear their peers share exciting and important ideas about their world and their role in it. It is an opportunity for Avila to celebrate some of our very articulate and gifted students. Another highlight this year was the return of ex Deputy Principal, Mrs Marie Hall as judge for the Year 11 competition.

Congratulations to this year's Public Speaker of the Year: Emma Gare (Year 7), Katia Vascon and Rebecca Darbyshire (Joint winners at Year 8), Olivia Condina-Hibon (Year 9), Abigail Dineen (Year 10), Sophia Elliott (Year 11) and Cassandra Garner (Year 12).

Photo: Marie Hall with Year 11 competitors from L – R: Shruti Soni, Lauren Ramsey, Marie Hall, Sophia Elliott, Christiana David, Anastasia Abeywardana and Sarah Woger
**EmPowerMe**

On Tuesday 9 September I was fortunate enough to be nominated to spend the day with a collection of other students from different schools learning about our values and developing leadership skills. I was the only representative from Avila College, so I decided to embrace the challenge and enter with an open mind. The day was run by Lord Somers Camp and Power House and revolved around the questions, ‘Who am I?’ ‘Where am I going?’ and ‘How am I going to get there?’. The theme of the day was “Life under construction” which aimed to put an emphasis on how, as individuals, we are constantly working on the building site that is our life.

The day consisted of a series of four wonderful and inspirational guest speakers, with enjoyable and interactive activities. My favourite activity of the day was when our individual groups had to choose two or three values that we would bid for in an auction of values. It was so much fun to see all teams bidding monopoly money on the value, which they thought, was the most important to them. There was time for individual reflection, where we got to choose what values were most sentimental for us. The facilitators encouraged and motivated us to meet new people and share our ideas.

When we were told that we would be setting goals at the end of the day, I was under the impression that it would be like any other goal setting session I have completed in the past. I was wrong. The last guest speaker of the day, Johanna Parker, from heart sparks took us through a unique goal setting program, that was very intriguing and which enabled us to share our own aspirations with the group. It was a great experience and I walked away feeling inspired and empowered.

*Nancy Christodoulakis*
10 Green

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**Year 12 Trivia Night**

The Year 12s came together for one last night of fun and excitement on Thursday 4 September for the annual Trivia Night. During such a demanding time of the year, it was the perfect way for us to enjoy an entertaining night with our friends while raising money for a great cause. The aim of the night was to raise funds for the work of Sister Frances Boston, who works in a small community in Botswana and is committed to supporting the women of the community and educating girls.

Everyone’s competitive spirit came out when vying to be crowned the winners, with the team ‘Let’s Get Down to Quizness’ eventually taking out the honour. As well as trivia rounds that included general knowledge, movies and sport, there were extra challenges in between rounds that proved to be hilarious. Participants enthusiastically engaged in re-enacting the dramatic opening scene of the Lion King, making the paper plane that flew the furthest and proving they knew the history of The Wiggles, all while wearing pyjamas.

The night finished with a raffle and there were many lucky winners of some great prizes. We would like to express our gratitude to the following generous businesses who donated goods or services for the raffle; Luna Park, Schnitz, Mary Kay Make-Up, Dairy Bell Ice-Cream, Pancake Parlour, Palace Cinemas, Chemist Warehouse, Hardrock Rock Climbing, South Yarra Hairdressing Supplies, Krispy Kreme, Miele. We would also like to thank Mrs Swift for her assistance in organising the night and Mrs Trembath who baked some beautiful desserts for the raffle.

Thanks to the enthusiasm and support of all involved in the night, we raised just over $2700! Congratulations to everyone who participated and made the night such a success.

*Monica DeRango*
College Vice Captain
PARENTS AND FRIENDS REPORT

Spring Racing Gala Evening, 7pm Friday 24 October, Avila Gym

Spring is now officially in the air and we are all enjoying the wonderful sunshine and the warmer weather it brings. Melbourne wouldn’t be Melbourne without the excitement of the Spring Racing Carnival and this year we are bringing a slice of it to Avila College.

The Spring Racing Gala will have it all: fashion, bubbles and racing. It is sure to be a fantastic evening. With six races to be run on the big screen you can have a little flutter and a lot of fun. Naming sponsorships are available for each race at just $100, which includes naming rights, as well as a logo and acknowledgement in the race book. If you are interested please email aopray@avilacollege.vic.edu.au

The Spring Racing Gala will be held in the Gym from 7pm on Friday 24 October. Organise your table now to be sure you don’t miss out. Bookings are essential. Tickets are $25 per person and it will be BYO food and drink. Book via the College website, News and Events, Bookings.

Father’s Day Breakfast

What a wonderful morning we all had at the Father’s Day Breakfast. The event was a sell out and there was a great vibe in the room. Many dads commented on how they enjoyed having breakfast at the College with their daughters.

A very special thanks to the Event Co-ordinator, Angela Elliot. Angela did an amazing job with her wonderful organisation and the menu was delicious with the bacon and egg rolls a highlight. Also to the team of PFA helpers who helped prepare, serve and clean up, a great job, thank you all.

IGA Community Benefits Scheme

Next time you are shopping at IGA/Richies Mount Waverley, be sure to use your Community Benefits Card. IGA donate a portion of sales back to community groups which can be significant over time. If you already have a card make sure you have nominated Avila College as the community group or if you don’t already have one it only takes a moment to set up, just ask at the check out. Thanks for your support.

World Teachers Day Friday 31 October

What a wonderful opportunity to thank Avila College teachers for all that they do for our daughters. The PFA will be providing a buffet luncheon to celebrate World Teachers Day. Thank you to the families who have already said that they will provide a platter for the luncheon. If you would like to be involved please do not hesitate to contact Helene Diamantopoulos who is the PFA Champion of this event. Helene can be contacted via Annie Opray, Director of Marketing and Development, at aopray@avilacollege.vic.edu.au

I wish you all a happy holiday break. Hopefully you will find time to relax a little and recharge for a very busy Term 4. Looking forward to seeing many of you at the Spring Racing Gala on Friday 24 October.

Loretta Stapleton
President, Avila Parents and Friends Association

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AVILA DAY

Angela Ng
Terry Bridenson
Shi Li
SCSA Volleyball Tournament
On Thursday 27 August we headed down to MSAC bright and early with half the team asleep on the bus. Overall Avila had a very successful day with all three of our volleyball teams making it to the finals, a great achievement to all. The intermediates put up a tough fight throughout the day winning three matches and only losing two. The seniors made it to the grand final without dropping a set, however, after some controversy, lost in three sets. Our junior girls did us proud going all the way to take out the grand final, only dropping one set on the day. Well done to all the volleyball girls; we had a great day, many laughs and lots of fun. A huge thank you to Miss Randle, Miss Flynn and Mr Bullock for their hard work, encouragement, time and support through coaching the volleyball teams this year.

Julia Bortoli
Volleyball Captain

Trainings

SOFTBALL
Training continues:
- Juniors – Tuesday – 3.20-4.20pm
- Intermediates – Wednesday – 3.20-4.20pm
- Seniors – Thursday – 3.20-4.20pm

CRICKET
Training continues:
- Juniors – Tuesday – 3.20-4.20pm
- Intermediates – Wednesday – 3.20-4.20pm
PATHWAYS NEWS

REMINDERS
Discover Deakin school holiday program – 9am-12noon, Mon 22 Sept at Geelong Waurn Ponds campus; Tues 23 Sept at Bunwood campus; Information and bookings: Click here.

Year 12 News
REMINDER: VTAC applications to be submitted by 5pm on Tuesday 30th September. If you apply after that the fee rises from $28 to $93!
EXTRA REQUIREMENTS – Don’t forget to check whether the course(s) you apply for through VTAC have any extra requirements such as completing a supplementary form, a folio presentation, audition or interview. Failure to meet any of these requirements will result in no offer of a place in 2015.
CHANGE OF PREFERENCE – When you apply for courses through VTAC you are not bound to those preferences. You can change them as much as you like (without extra charge) until 24 October (as long as you first apply by 30 September), then from 24 November to 22 December. You will receive your ATAR on Mon 15 December, so you have a week after that when you can still change your VTAC preferences. The Careers Hub will be open from the 15 - 17th December for students who may like some assistance with change of preferences.
TAX FILE NUMBER – If you do not already have a Tax File Number (TFN) you are advised to apply for one now. You will need it when you enrol in a tertiary course in January. TFN Application forms are available from the front office.
VCE RESULTS AND ATAR – VCE Results and ATAR Service will be available from 7.00am on Monday 15 December. You can access your VCE results and ATAR via the Internet, SMS and/or mail. The SMS service is provided by Salmart Digital. SMS cost $1.10 max. (incl GST). Call 1800 501 083 for help with SMS registration. You can register from 9am on Monday 10 November till midnight on Sunday 14 December.

UNIVERSITY OF MELBOURNE NEWS
ARE YOU HOPING TO BECOME A VET? If so, you probably know that the only Victorian university offering veterinary science is the University of Melbourne. So if you are considering this career, then the Pre-vet Club is for you. Meet the world-class staff, attend customised lectures, interact with current students, see the Veterinary Hospital in action, and more. Find out how rewarding a career in veterinary science can be. To register your interest, go to www.vet.unimelb.edu.au/pre-vet.
EXTENSION PROGRAM
The Extension Program provides high achieving students with an opportunity to undertake first-year university study during Year 12. Subjects offered through the Extension Program build on VCE studies and extend study to first-year university level.
The Extension Program offers an academic challenge and a taste of university life, as well as the opportunity to gain an ATAR increment and credit towards a subsequent undergraduate degree. There are no University of Melbourne tuition fees for Extension Program students in 2015.
Extension Program applicants can study one of 26 different humanities, language, mathematics, science and commerce subjects, including our new offerings for 2015: Literature and Politics.
How to apply: High achieving Year 11 students can now lodge their applications for the 2015 Extension Program via the University’s online application system.
Information Evening: Students can also register for the annual Extension Program Information Evening, which offers an opportunity for them to ask questions, learn more about what’s involved and meet the staff who will deliver the Extension Program subjects in 2015.
When: Tuesday 21 October 2014 6.00pm—8.30pm Where? Carillo Gantner Theatre and Sidney Myer Asia Centre Foyer, Sidney Myer Asia Centre, University of Melbourne Parkville campus
Apply online and register for the Information Evening: futuresstudents.unimelb.edu.au/umep, ph: 03 8344 5538,

SWINBURNE NEWS
GUARANTEED ATARs AT SWINBURNE – Swinburne has guaranteed ATARs for most degrees. If a student achieves an ATAR equal to or above the guaranteed ATAR, and they’ve listed that course as their highest successful preference through VTAC, their place in that course is guaranteed. See: http://www.future.swinburne.edu.au/vtac/atar/index.html. Vice-Chancellor’s and Dean's scholarship programs also have Guaranteed ATARs. Both exempt students from the student contribution of tuition fees. Students with an ATAR of 95 are eligible for a VC’s scholarship, while students with a 90 ATAR can be awarded a Dean’s scholarship. Scholarships in some discipline areas may have further selection criteria. http://www.future.swinburne.edu.au/scholarships/
DEAKIN NEWS

IGNITED SCHOLARSHIPS AT DEAKIN – Deakin is committed to attracting more top female students to its information technology and engineering courses. Ignited scholarships are designed to attract more female students into non-traditional areas of study and work. Scholarships are awarded to successful applicants entering an undergraduate information technology or engineering course in Deakin’s Faculty of Science, Engineering and Built Environment. Each scholarship is valued at $5,000 per year. For details, including selection criteria, see www.deakin.edu.au/study-at-deakin/scholarships-and-awards/ignited.

SCIENCE AT DEAKIN UNIVERSITY - Are you considering a career in science, but not sure which area you want to follow? Deakin’s new suite of videos will help you to decide. They showcase the degrees in science, biological science, biomedical science, biomedicine and zoology and animal science from both a student and staff perspective. To view the videos and to get more information, go to Science at www.deakin.edu.au/study-at-deakin/find-a-course/.

MONASH NEWS
Many scholarships are on offer.
MERIT - Students who list Monash as a course preference via VTAC will automatically be considered for most merit scholarships. See: www.monash.edu/scholarships/merit.
See: www.monash.edu/scholarships for more details.
MONASH ART DESIGN & ARCHITECTURE – MADA is holding folio building and foundation workshops for VCE students. Industry professionals and academics will guide participants through the lessons and activities. When: 24 – 26 Sept; Where: MADA, Monash, Caulfield campus; Cost: $310; Info: ph 9903 1517, or email mada@monash.edu or see: www.monash.edu/mada/workshops

RMIT NEWS
RMIT NUCLEAR MEDICINE LAB VISITS – This program is for students interested in finding out more about nuclear medicine and the role of nuclear medicine technologists in the investigation, diagnosis, treatment and monitoring of disease. In this full day tour, students will visit nuclear medicine departments that support the Bachelor of Applied Science (Medical Radiations) programs. When: 25 and 26 Sept; Info/registration: 9925 7075, medicalsciences@rmit.edu.au.

DEPARTMENT OF HEALTH SCHOLARSHIPS – The Department of Health (Victoria) is offering five scholarships of $10,000 for nuclear medicine students commencing the RMIT Bachelor of Applied Health (Medical Radiations) in 2015 and 2016. Info: www.rmit.edu.au/scholarships/nuclear.

SCIENCE IN THE CITY LAB TOUR – Visit RMIT’s learning laboratories to discover the range of programs on offer including: biology, biotechnology, chemistry, environmental sciences, food sciences, nanotechnology and physics. When: 11am-1.30pm, Mon 22 Sept; Who: Year 10-12 students and parents; Register: www.rmit.edu.au/appliedsciences/discover.

FOLIO PREPARATION – A range of courses are available to give insights into a particular design industry including study options available and selection procedures – advertising, autoCAD, building design, graphic design, interior decoration, 3D product design and visual merchandising. When: Sept school holidays; Who: Years 11/12; Info: 9925 8111, www.shortcourses.rmit.edu.au.

EXPERIENCE DAY – for the RMIT degree in Project Management; a chance to explore this career option. When: Wed 1 Oct; Who: Year 10-12; Register: www.rmit.edu.au/experiencedays

INFORMATION SESSIONS AT VICTORIA UNIVERSITY (VU)
VU has these sessions coming up –
Be You at VU – attend course and career specific workshops and experience university and TAFE life. When: 30 Sept; Where: Footscray Park; Who: Yr 10-11; Info: www.vu.edu.au/be-you-at-VU
Explore VU Information series - When: 6.30-8.00pm, till 25 Sept; Where: VU campuses; Who: Year 12’s; Information: www.vu.edu.au/Explore-VU

INTERESTED IN RADIO AND TV CAREERS? If so, you might want to find out about Holmesglen’s (Chadstone) Diploma Screen and Media (Radio and Television). It is a practical introduction to radio and television presenting and production. Holmesglen is looking for students with motivation and potential, not necessarily high academic records. Interested students can attend an Open Wednesday Session. When: 6-7pm, 17 Sept or 15 Oct; Where: Building 1, Batesford Rd; Room 1.18; Register: www.holmesglen.edu.au/open.

Jenny Dunn, Geraldine McKenna and Clare Meo
Presents

Spring Racing Gala Evening

On: 7pm Friday 24 October
At: Avila Gym
Cost: $20.00 per person
BYO: Food and drinks

Bookings: www.avilacollege.vic.edu.au
News & Events, Bookings

A fun filled social night of racing, fashion and glamour.

Limited Places... Bookings Essential
COMMUNITY NEWS

St Leonards Youth Mass
A youth mass will be held at St Leonard’s Glen Waverley on Saturday 20 September. Come join a joyous celebration of the Eucharist. It is followed by Pizza and the Lego movie with popcorn etc. The cost will be $15 for the movie and food. It is hosted by the Aftershock youth group and is aimed at Year 9 and above. Mass starts at 6.30. See Breanna Beltrame (10 Silver) for more information.

Parenting Adolescents

PARENTING

ADOLESCENTS

10 - 15 YEARS

Parenting Adolescents is a program for parents of young people aged 10 - 15 years of age. Over 5 weeks the program will cover a number of topics including:
- Understanding adolescent development
- Setting boundaries & limits
- Consequences
- Strategies to deal with adolescent behaviours
- Respectful communication
- Problem solving
- Anger
- Self care

In addition to these topic areas, the program will give parents the opportunity to share their experiences and learn from each other.

When:
30 October and 6, 13, 20, 27 November 2014

Time:
Thursday’s 10:00am – 12:30pm

Where:
Monash Youth and Family Services
Clayton Community Centre,
Corner of Cooke St and Centre Rd Clayton.

There is no fee but bookings are essential as places are limited. To book call Libby or Jenny at MYFS on 9518 3900