FROM THE PRINCIPAL

Dear members of the Avila community,

As is common in a vibrant learning community, the past two weeks have seen many examples of achievements, opportunities and experiences that all enhance the overall learning that takes place amongst our students. As a school community we held our annual Inter-House Athletics carnival at Bill Sewart Reserve, Burwood, on Thursday 1 May. We were, of course, most fortunate with the weather and what impressed me was the high level of participation from students across Years 7-12. Throughout the day, an atmosphere of joyfulness was generated by our student Rock Band’s performances and by the hospitality provided by the Santa Teresa students and their many supportive cooks, who kept us all well fed with sausages and many tasty treats. My sincere thanks and appreciation are extended to Carly Randle, our Sports Co-ordinator, and all staff and students who assisted in the success of the day. (See Carnival results on Page 9)

Another significant event on our school calendar was the Creative Arts Festival held last Wednesday night. The theme this year was Charles Street Chocolate Factory. Preparation for this event commenced last year and students played an active role in the planning, collaboration and production of the show. It is indeed an example of a cross-curricular collaborative event with both staff and students from drama, music and art all working together. Particular thanks and acknowledgement go to Darcie Kane-Priestley, our Performing Arts Co-ordinator, who was the Director of this event. Well done to all, it was a most professional production and an enjoyable, entertaining evening. Congratulations are extended to the following Year 12 students from 2013 who were recently awarded a Premier’s VCE Award for their academic achievements:
- Evelyn Andrews, English
- Genevieve Townsend, Studio Arts
- Ruby Robertson, Production Design and Technology

These prestigious awards are a true recognition of the hard work by students, supported their teachers and families.

Again this year we were privileged to be present for some impressive performances from the combined Avila and Mazenod orchestras. The two groups came together for a delightful concert with over 140 students performing on Tuesday 29 April. My thanks to Mazenod for hosting this event and to the wonderful talents of the music staff from both schools who conducted the workshop sessions in the afternoon prior to the evening performance.

Thanks to the generosity of donations from families and support from the PFA, we held a very successful Mother’s Day stall on Tuesday and I am sure many mums will appreciate the gifts they receive on Sunday. The atmosphere at the Mother’s Day breakfast held this morning, also organised by the PFA, was most enjoyable, and an excellent way to acknowledge our mums.

In closing for this fortnight I would like to wish our Year 11 students a most enjoyable formal this evening and I wish students in Year 8 Pink, Purple, Red and Silver all the best for their City Experience next week. I hope all the Avila mums enjoy a wonderful Mother’s Day on Sunday 11 May and we have every confidence that your daughters will look after you all in an extra special way.

With God’s blessing to all members of our Avila community.

Louise Gunther
Principal
LEARNING AND TEACHING NEWS

NAPLAN

The National Assessment Program: Literacy and Numeracy (NAPLAN) tests are scheduled for all Years 7 and 9 students in the first two periods on Tuesday 13 May, period 1 on Wednesday 14 May and periods 1 and 2 on Thursday 15 May. All NAPLAN tests will be held in the Year 7 and 8 building so that other classes such as Music, Drama and PE do not distract students. Students should make sure that they arrive at school in plenty of time on the test dates so that they can proceed calmly into their test venue.

To ensure that students feel confident and clear regarding expectations for the NAPLAN tests, Connect.ed, English and Maths teachers have provided specific information to students about the types of tasks and questions that may appear in the different tests. Maths teachers have reminded students that they will need to supply their own calculator for the first of the numeracy tests on Thursday morning. All students have been informed that they need to supply their own HB or 2B pencils, sharpeners and erasers. To assist students to concentrate and perform at their best, they are encouraged to eat a good breakfast each day.

NAPLAN results provide valuable diagnostic information for both teachers and parents about students’ literacy and numeracy knowledge and skills, especially in relation to their learning needs.

Educational Research @ Avila

As part of Avila’s commitment to ensuring that student learning is optimised, some teachers are participating in a “Video Feedback” research project under the guidance of staff from Monash University’s Education Faculty. Monash lecturers, Dr Michael Henderson and Mr Michael Phillips noted the successful integration of ICT at Avila and invited our staff to participate in the trial. eLearning Leader, Jason Isma has worked with staff to develop strategies to streamline recording of individual feedback using Photo Booth, which is then uploaded to students’ personal Google drives. Although still in its early phase, the project has enabled students to be provided with more personalised and detailed feedback than traditional written comments on students’ tasks. Reports on this innovative project appeared in the Herald Sun on 25 April 2014 and Channel 7’s evening news on 7 May 2014. Tonight, Channel 31’s Today’s Schools will feature an interview with Jason Isma about the programme.

You can also view the videos here: http://bit.ly/1lDOSq9 and http://bit.ly/1i7Q5KM

Madeleine Franken
Deputy Principal Learning and Teaching

MATHS HELP

Catch up Corner

Maths help is offered at Catch Up Corner at lunchtimes for students in Years 7 to 10 who need extra help or a more detailed explanation of a more difficult concept. These sessions are held in Room 66.

Day 1: Mr Tato  Day 2: Mrs Zammicheli  Day 3: Mrs Trifilo  Day 4: Ms R Ryan  Day 5: Mrs Hughes
Day 6: Miss Scott-Jones  Day 7: Ms Gilfedder  Day 8: Mrs Talj  Day 9: Mr Baroudi  Day 10: Mrs Smith

VCE Maths

VCE students are encouraged to maximize their opportunities for learning within class time. Of course, if a student has a particular concern, she may make an appointment to meet with her teacher at lunchtime or in a study lesson. If an appointment is made, a student should have a very clear list of the work she wishes to review.

Mathsonline.com.au

All Years 7 to 10 students have been given log in details for this Maths website. Maths Online guides your daughter through maths topics, lesson by lesson, allowing her to pause, rewind and repeat all or part of any lesson. Your daughter has access to skills from other year levels, which provides her with the opportunity to revise skills previously learnt or to attempt more difficult skills. Each lesson includes a test so that your daughter can see how well she has understood the work. Your daughter’s teacher may set specific lessons for her to do or your daughter can attempt lessons any time.

Rosie Ryan
Mathematics Curriculum Leader
Mindfulness and Helping Adolescents Cope with Stressful Times

Life for young people has become faster-paced, more influenced by media, and family connection is harder to maintain. Sadly, this decade we will see more young people diagnosed with ADHD, depression, anxiety, eating disorders and other self-destructive behaviours. It is therefore understandable that educators are seeking to equip their students with an array of tools to live better lives. Mindfulness is one such tool. You may have heard about Mindfulness as its popularity is growing not only in education but in business circles.

Mindfulness is a proactive approach that aims to improve one’s thought process and wellbeing. The practice of mindfulness teaches students to pay attention, acknowledge thoughts and actions without judgment. If thoughts wander, the mindful response is to recognise what is happening and return attention back to thoughts or tasks at hand. Mindfulness involves a series of attention training practices and cognitive strategies that can help unhook from unproductive thought patterns and behaviours. It involves learning to pay attention to the present moment rather than worrying or dwelling in the past. It also involves developing an attitude of friendliness toward oneself, as opposed to criticism or judgment.

Research shows that mindfulness can:

- Reduce stress, anxiety and depressive symptoms
- Increase resilience and peace of mind
- Enhance cognitive performance e.g. concentration, memory and processing speed
- Improve study and work performance
- Improve relationships and overall wellbeing
- Improve sleep
- Increase self esteem

Why does it work?

The sympathetic nervous system is responsible for activating the body for action — it mobilises the organs and springs us into action when there’s a need to respond. Overuse of the sympathetic nervous system; however, can result in a perpetual state of alertness and stress, using up a lot of energy and causing burnout. The parasympathetic nervous system, on the other hand, is responsible for relaxing the body, allowing it to rest, regenerate and heal, saving energy. Practising Mindfulness alters brain activity. This triggers the parasympathetic nervous system, allowing the body to relax and restore. The heartbeat slows down, digestion takes place and the mind becomes clear of ruminating thoughts, all of which contribute to greater health and wellbeing.

Currently, students in Years 7 and 8 are taught Mindfulness skills in the Living and Values program. If your daughter is in another year level, you might like to explore Mindfulness with her. Using the smiling mind app (smilingmind.com.au) is a great place to start. The app leads the listener through mindfulness mediation sessions and is a great addition to any student’s routine, especially as the exam time nears. It is important not to wait until times become stressful to learn a Mindfulness routine. It is best learnt over a period of time and then used to calm and clarify thinking when challenges or stress arise. It is also important to practise mindfulness when things are going well.

Privacy Policies

This year the College was required to create a new privacy policy and supporting documents as part of a nation-wide move to the Australian Privacy Principles. (APPs). These have now been uploaded onto the College website on the ‘Our College’ page under ‘Further Links’. We trust that our policy meets the expectation of parents and students to respect their privacy and clearly communicate how we handle the data we hold.

Regards,
The Pastoral Care Team
ANZAC Memorial Service

On the 23 April, four Year 10 students had the opportunity to attend an ANZAC memorial service in Mount Waverley. Many primary and high school students in the Monash district were in attendance to pay their respects for the men and women who risked their lives for our country. There was a speech given by an old war veteran and other representatives of the area. Wreaths were placed on the Shrine of Remembrance by each school as a tribute to the brave men and women who died in war. It was a great privilege to represent Avila at the service and really made us appreciate the sacrifices that were made for us and our country.

Carla Costanzo and Jemma Rapp
Year 10 Students

DEBATING NEWS

The debaters made their way to Wesley College for Round 2 of the DAV Competition after spending a busy day at the Athletics Carnival. They had some quite philosophical topics in this round e.g. that human rights should be given to higher order animals. The Avila Team once again did very well with twelve of the seventeen teams getting full points.

Congratulations to the following students who received Best Speaker Awards:
Year 12 - Lia Diamantopoulos
Year 11- Sophia Elliott, Felicity D'Art and Christiana David
Year 10- Emerald Eatwell, Bianca Baldwin, Danielle Gorr
Year 9 - Dion Andrikopoulos, Nicole Ng and Emma Spencer

Well done, girls.
Christine Valladares
Public Speaking and Debating Co-ordinator

DRAMA NEWS

Avila College would like to congratulate Madeleine Durrant on her recent Work Experience Program at the Melbourne Theatre Company. In 2013, Madeleine was offered a Youth Ambassador Scholarship and after this, she was offered a Work Experience placement in the April school holidays with the MTC on the set of Yellow Moon, alongside Associate Director, Leticia Caceres. Below, is an account of Madeleine’s week in the theatre.

Darcie Kane-Priestley
Performing Arts Co-Ordinator

"As an avid theatre goer, I’m always excited to see what is presented on stage during a play, whether it be the actors, the set, the lighting or the costumes, I always find it fascinating. But one thing my week of work experience at the MTC has shown me is that there is so much more going on behind the scenes than what we see on stage. For me, work experience was about getting a better insight into the rehearsal process of a professional show and this past week was certainly that. I was enlightened as to what goes on in the rehearsal room – it was a lot more than actors just reciting their character’s dialogue and a director telling them where to stand. The cast of Yellow Moon delved deep into the story and spent hours discussing the motives of their characters, nutting out the nuances that showed where each of these characters had come from and what they had experienced. But it was sitting in on a production meeting that truly showed how much work goes into a show. The research that goes into a character’s costume and the setting of the play was also done with incredible depth and it truly made me realise just how much thought and planning every department puts into their work."
AVILA GUEST SPEAKER

On Tuesday 22 April, Jill Hennessy kindly spoke to the Avila community about her experience post-Avila as the current Shadow Minister for Public Transport. Jill talked to the community of Avila, and then answered the questions of the students completing VCE Global Politics Units 3/4 and VCE Australian and Global Politics Unit 1 about her time working for Justice-first as a lawyer, community volunteer, legal adviser, Western Health and Western Region Health board member, Chair of the Victorian Working Families Council, adviser to the former Premier, Steve Bracks, and now as a Shadow Minister, all whilst raising a family. She was inspirational as she spoke about her time working for Amnesty International and evoked strong emotions when she spoke of attempting to protect people from the death sentence. Jill Hennessy is a woman who is an inspiration to us all. She works for social justice, striving hard for a world with equality and everything that she believes in.

Margaret Hurley
Year 11 Student

MEET… THE ART CAPTAIN & VICE-CAPTAIN

Madeleine Porritt

During my 6 years at Avila College, I have been an enthusiastic member of the Art Department. I am honoured to be Art Captain of 2014, as I feel I can now give back to the school community who fostered my passion for Art and Technology. It is my first year as Art Captain; I have never had such a role before and I am excited for both the challenges and memories 2014 will bring.

The Art Department has more of a role in this year’s Creative Arts Festival, being especially involved in making props with Junior Art Club, and making costumes with Mrs Walsh. Seeing these works in use this year, amongst others more recently created, is overwhelming and exciting. Cooperating with the Drama and Music captains has given the opportunity to live an experience that would be common outside of the school environment, such as in the workforce on a collaboration project.

I am both nervous and excited to share my artwork with the rest of the Avila Community at the annual Graduate Show and the Art show for VCE Studio Arts and VCE Product Design and Technology later in the year and hope that I can inspire others to share in my passion for Art.

Jacqueline Romano

Avila has provided endless opportunities for me not only through Art but also through many other extracurricular activities. Since Year 7, Avila has accommodated for ‘art lovers’ like us and given everyone a new and comfortable place to meet friends and show off their artwork.

Throughout my years here, I have been involved in all things ‘art’ and I aim to encourage others in the school community to be involved with art and use it as a way to express emotion, creativity and just to have fun with it. Avila encouraged me to persist with my talent in the art field when granted the role of Art Vice Captain. Once given the role, my passion for the art and medium of photography became a lot stronger and encouraged me to display that passion to the younger year levels at Junior Art Club and around the school.

Avila has not only provided me with endless love for art and encouragement to display my work with pride, but has allowed me to express my passion widely to all the Avila community.
HEALTH CENTRE NEWS

Next week, from the 12 of May, it is Food Allergy week.

“Be Aware Show You Care” is the motto!

My neighbour has a 5-year-old boy with anaphylaxis to egg and peanuts. He started school this year. Whenever he comes over to our home I make sure my children have washed their hands and I am really aware of what food is on the bench or out.

Parents with children who have anaphylaxis are always concerned about the potential contact with the food they are highly allergic to.

The girls at Avila College who have an EpiPen - all have it for food allergies. There are nine foods that cause 90% of allergic reactions: peanuts, tree nuts (e.g. almonds, walnuts), egg, cow’s milk, sesame, fish, shellfish, soy and wheat.

How can we keep each other safe at Avila College?

Keeping each other safe for everyone at Avila College is all about AWARENESS, AVOIDANCE AND ACTION.

**Awareness**

Know what your classmates/students are allergic to.

**Avoidance**

Never share food and wash your hands after you eat.

**Action**

Students should seek help/tell a teacher straight away if someone with allergies looks sick... even if they don’t want you to! Help locate their emergency medication-EpiPen.

Students who have Anaphylaxis should let their friends know about their allergies. They should let their friends know where they keep their emergency medication-EpiPen. Educating friends on what to do in an emergency may help save your life one day!


Also you may want to look at: www.foodallergyaware.com.au
CONFIRMATION 2014

Enrolments for the Holy Saviour Confirmation program are now open for young people in Years 10, 11 or 12 who have already celebrated First Reconciliation and First Eucharist. Forms can be downloaded from the Parish website www.cam.org.au/glenwaverlynorth under the "Application Form" tab.

A Parent and Candidate Information Evening will be held on Tuesday 27 May beginning with Prayer of the Church in the Chapel at 6.30pm.

The six session program will run over eight weeks on a project basis, supported by the Candidate's family and Holy Saviour Parish, meeting on Tuesday evenings in the Chapel at 6.30pm.

The Sacrament of Confirmation will be held on Sunday 20 July at 11am and presided by the Vicar General, Rev Mgr Greg Bennett.

In the meantime, if you have any questions or queries, please direct them to Mo Cromar, Pastoral Associate at the Parish Office (tel 9803 3554 or email mo.cromar@cam.org.au)

HOLY SAVIOUR 40TH ANNIVERSARY CELEBRATIONS

This year, Holy Saviour Parish is celebrating our 40th Anniversary with a range of celebrations.

Holy Saviour 40th Anniversary Celebration dates:
40th Anniversary Gala Dinner
Saturday 2 August from 6pm

Holy Saviour Community Festival
Saturday 8 November from 10am-8pm

40th Anniversary Mass
Sunday 9 November at 10am

Holy Saviour Community Group
holysaviourfestival@hotmail.com

UTOPIA

St Timothy’s Parish invites you, your family and friends to a FREE screening of Utopia by John Pilger.

“Utopia is a vast region in Northern Australia and home to the oldest human presence on earth. This film is a journey into that secret country,” says Pilger in Utopia. “It will describe not only the uniqueness of the first Australians but their trail of tears and betrayal and resistance – from one utopia to another.”

St Timothy’s Church, 21 Stevens Road, Vermont at 6.45pm for a 7pm start on Tuesday 13 May, 2014.

In attendance will be Les Chessells of the Mullum Mullum Indigenous Gathering Place and the latest ‘concerned Australians’ book In the Absence of Treaty

Please RSVP to Pia at rsvp.pia@gmail.com or 0419541733 by 9 May.

CANTEEN ROSTER

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<td>Francis Presta</td>
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<td>Sue Glennon</td>
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Ecclesiae Filia – Daughter of the Church
PARENTS AND FRIENDS REPORT

They say if you want something done, ask a busy person. Well, I think all of our PFA members fall into this category. The PFA team did an amazing job organising the PFA Mother’s Day Stall and Breakfast. Special thanks must go to the co-ordinator, Helene Diamantopoulos, whose initiative and creativity guaranteed the success of the events. I would also like to acknowledge the kind generosity of those people who donated prizes for the raffle including Nancy Abdou, the Global Beauty Group, Helene Diamantopoulos, Mary Kay, Café 57, I Relax, Debarge Café, Tracey Dahlborg and Beletti Restaurant.

It really was lovely to meet so many Avila mums this morning at the breakfast and I wish everyone in our community a very special family day this Sunday.

Guest Speaker Evening For Students And Parents

Lucinda Nolan
Victoria Police Deputy Commissioner
7.30pm Wednesday 4 June
Bunjil
Gold Coin Donation

The PFA is very proud to present Lucinda Nolan, Victoria Police Deputy Commissioner, who will speak about Building Resilience for Strong Female Leaders.

Australia, like many other countries, is underrepresented in terms of females in leadership roles. Trailblazers like Lucinda Nolan have much to offer by way of insight into making it to a leadership position. This is an opportunity not to be missed. Bring the whole family. To book visit www.avilacollege.vic.edu.au, News and Events, Bookings.

There is no cost to attend this presentation but we will be collecting a gold coin donation on the evening for the Blue Ribbon Foundation.

Save the Dates

Parent Gala Evening BABBA Friday 8 August
Spring Racing Gala Friday 24 October

Loretta Stapleton
President PFA

AVILA Uniform Shop News!

Please note that PSW, our school uniform suppliers, have advised that their store will be closed on Mondays during Terms 2 and 3, this year.

Opening hours at the Mount Waverley outlet will be:
Tuesday-Friday: 8:30am- 5:00pm
Saturday: 9am-2pm

However, if you need Winter uniform items, there are many second hand items in good condition available in the Avila Second hand uniform shop. There are lots of skirts, jumpers (both maroon and navy), blazers, blouses and track tops. So consider the savings before you buy!

The Avila Second Hand Uniform Shop will be open, from 1-4pm on:
28 May and 18 June 2014.

The Second Hand Uniform Shop is located behind the VCAL House, diagonally opposite the front gates of the school. Students can visit the shop during their lunch break or after school.

If you need a second hand uniform but cannot come on the dates above, please phone the Avila Office ☏ 9831 9600 on Monday, Tuesday or Wednesday mornings to arrange another time.

Alternatively, you can email vnicoll@avilacollege.vic.edu.au with any query about a second hand uniform.
House Athletics Carnival

On Thursday 1 May we were blessed with perfect weather on what otherwise was a wet and windy week!

Congratulations to all students who competed in an event on the day; participation was at an all time high.

Well done particularly to the Year 12s with an impressive 64 girls taking part in Shot Put.

The results were as follows:

Reynolds Shield – Flynn
1st – Flynn – 1428 points
2nd – MacKillop – 1247 points
3rd – Nagle – 1103 points
4th – Chisholm – 1074 points

Due to a computer error we were unable to present year level champions and runners up on the day. These will be presented shortly during school time.

Well done to all students who participated in an event, the house points walk, dressed up in their house colour or supported their house on the day. All contributed to a fantastic day.

Upcoming Tournaments

• SCSA Athletics – Friday 9 May at the Lakeside Stadium, Albert Park
• Aerobics – Sunday 18 May at the Geelong Arena, North Geelong
• SCSA Basketball – Monday 26 May at the Melbourne Sports and Aquatics Centre, Albert Park

Trainings

AEROBICS – continues Tuesday and Thursday 7-8am in the Avila Gym

BASKETBALL:
• Juniors – Tuesday – 3.30-4.30pm
• Intermediates – Wednesday – 3.30-4.30pm
• Seniors – Thursday – 3.30-4.30pm

Cross Country training will begin in Week 4. Keep an eye on the bulletin for specific days and times

Upcoming Trials

• NETBALL – Trials for netball are well underway and conclude this week. Team lists will be posted shortly
• HOCKEY – Trials begin on Tuesday 13 May for Juniors (Years 7-9) and Thursday 15 May for Seniors (Years 10-12)
PATHWAYS NEWS

Work Experience

Work experience provides a wonderful opportunity for students to gain some hands on experience in the world of work. We encourage senior students to complete work experience placements in the school holidays when possible so that their studies are not negatively impacted by absence from class. These Easter holidays seven Avila students completed work experience placements in a range of institutions including Magistrates Courts, publishing organisations, architects, the Melbourne Theatre Company and a graphic / web design company. We appreciate the willingness of organisations to accommodate our girls and provide them with valuable experience. All Supervisor Reports complimented the girls on their excellent performance. Students can obtain the relevant Work Experience forms and further information from the Careers Hub in the Old Junior School.

Latest News / Upcoming events:

Monash
- Health Science and Social Work: 13 May
- Education and Nursing: 20 May
More dates and bookings: www.monash.edu/seminars.

Melbourne University
Focus on Melbourne seminars, explore your options, meet staff and students, and hear about courses and careers.
- 27 May – Focus on Commerce
- 28 May – Focus on Environments
- 3 June – Focus on Science
- 4 June – Focus on Agriculture
- 10 June – Focus on Law
- 11 June – Focus on Engineering and IT
- 18 June – Focus on the Conservatorium of Music (VCA)
- 25 June – Focus on the Victorian College of the Arts (VCA)
More information and bookings: www.futurestudents.unimelb.edu.au/events2014

Deakin
- Parent and student Tertiary Information Night - Burwood Campus Wednesday 21 May 6 - 8pm, see deakin.edu.au/parent-and-student
- Undergraduate Information Evening, Burwood Campus Tuesday 27 May 5 - 7.30pm
- Open Day, Burwood Campus - Sunday 24 August

Biology and Chemistry Seminars
The Faculty of Pharmacy and Pharmaceutical Sciences at Monash University (Parkville campus) is offering support to current Unit 3 & 4 Biology and Chemistry students. Seminars are designed to reinforce key learnings, delivered by qualified VCE teachers.
Dates: Biology - 5.30-7:00pm, 4 June, 27 Aug and 8 Nov
Chemistry: 4.30-6pm, 11 June, 3 Sept and 15 Oct
Where: Monash University (Parkville), 381 Royal Parade, Parkville
Cost: Free
Register: www.monash.edu/pharm/about/events/vce-seminars.html;
Info: Tom Day, phone 9903 9594, tom.day@monash.edu.

Open day dates 2014
Sat 2 Aug Monash University (Berwick & Peninsula)
Sun 3 Aug Deakin (Warrnambool)
Monash University (Caulfield, Clayton & Parkville)
Swinburne Uni & TAFE
Sun 10 Aug Australian Catholic Uni (ACU) (Melbourne)
Deakin (Geelong)
RMIT Uni & TAFE (Bundoora, Brunswick, City)
Sun 17 Aug La Trobe Uni (Bendigo)
University of Melbourne
Sun 24 Aug Box Hill Institute
Deakin Uni (Melbourne)
La Trobe (Melbourne)
Victoria Uni
William Angliss Institute
Sun 31 Aug ACU (Ballarat)
Federation Uni (Ballarat & Gippsland)

Jenny Dunn
Pathways Leader
Geraldine McKenna
Careers Counsellor
Presents

Lucinda Nolan
Deputy Commissioner
Victoria Police

Building resilience for strong female leaders

All parents and students are invited to hear from Lucinda Nolan who has risen through the ranks during her 30-year career with the Victoria Police Force.

Students should take advantage of this opportunity to learn how to rise to the challenge and succeed in the work place.

Ms Nolan is an inspirational speaker and a great role model for both girls and women.

On: 7:30pm, Wednesday 4 June
At: Bunjil, Avila College
Cost: Gold coin on the night for Blue Ribbon Foundation

Bookings: www.avilacollege.vic.edu.au
          News & Events, Bookings.