

# Avila College Cafe

# MENU

**GF** **VG**

Many gluten free and vegetarian options available



You can use Eftpos at Avila Cafe

## BREAK-FAST

8-8.30AM

- \$4 YOGHURT COULIS/MUESLI PARFAIT
- \$4 HASH BROWN EGG & BACON WRAP
- \$3.50 EGG & BACON MUFFIN
- \$3 TOASTED SANDWICHES
- \$3 MUFFIN
- \$2.50 CROISSANT
- \$3 HOT CHOCOLATE DRINK

## FROM OUR BAKERY

- \$4 SPINACH & RICOTTA ROLL
- \$4 QUICHE
- \$4 SAUSAGE ROLL
- \$4 PASTIE
- \$3 MUFFIN
- \$3 PUMPKIN, LEEK + FETTA FRITTATA
- \$3 VEGGIE FRITTATA
- \$3 ZUCCHINI SLICE
- \$2 COOKIE

## FRESH & ZESTY SALAD BAR

- \$5.50 CHICKEN SALAD BOWL
- \$5.50 TURKEY SALAD BOWL
- \$5.50 BEEF SALAD BOWL
- \$5.50 TUNA SALAD BOWL
- \$5 QUICHE OR FRITTATA + SALAD
- \$5 RICE SALAD
- \$5 PASTA SALAD
- \$5 TOSSED SALAD
- \$5 BOK CHOY SALAD
- \$4 INDIVIDUAL SALAD
- \$5 SUSHI
- \$4 FRUIT SALAD / \$2 SMALL FRUIT SALAD
- \$3.50 YOGHURT
- \$2 JELLIES
- \$1 ASSORTED FRUIT

## HOME MADE PIZZAS

- \$3.50 BBQ CHICKEN PIZZA
- \$3.50 VEGETARIAN PIZZA
- \$3.50 HAWAIIAN PIZZA
- \$3 MARGARITA PIZZA

## HOT FOOD

- \$5 CHICKEN BURGER
- \$5 BEEF + BACON BURGER
- \$5 VEGGIE BURGER
- \$5 ASSORTED TOASTED FOCACCIAS
- \$4 SWEET CHILLI CHICKEN WRAP
- \$4 SWEET POTATO OVEN FRIES
- \$4 WEDGES WITH SOUR CREAM + CHILLI
- \$3.50 NACHOS
- \$3.50 EGG & BACON MUFFIN
- \$3 CHICKEN + CORN VOL-U-VANTS
- \$3 HOT DOG
- \$1 STEAMED DIM SIM

## SANDWICHES ROLLS & WRAPS

FROM \$4 - SELECT FROM REFRIGERATED DISPLAY WHOLEMEAL, MULTIGRAIN & WHITE BREAD, PITA BREAD, BAGELS, FOCACCIAS, WRAPS

## HEARTY MEALS

Check Menu for Daily Options

- \$5 CHICKEN CARBONARA
- \$5 PASTA DISHES
- \$5 STIRFRYS
- \$5 HOKKEIN NOODLES

## DRINKS

- \$4 FRESH ORANGE OR APPLE JUICE
- \$4 EXPRESSO OR MOCHA DARE ICED COFFEE
- \$4 ICED TEA
- \$3 BIG M
- \$2.50 MINERAL WATER
- \$2.50 SUGAR FREE CANS
- \$2.50 WATER